

Oven Roasted Sweet Potatoes



Prep Time: 10 Minutes

Cook Time: 30 Minutes

Ready In: 40 Minutes

Servings: 4

INGREDIENTS:

4 sweet potatoes, peeled and cubed
¼ cup olive oil
2 tablespoons crushed red pepper flakes
1 teaspoon salt

DIRECTIONS:

1. Coat a shallow baking pan with olive oil, stir in remaining ingredients until they are potatoes are well coated
2. Bake at 400 degrees for 30 minutes until potatoes are soft
3. Stir half way through cooking to make sure the potatoes are coated evenly

HELPFUL HINTS:

This is a quick way to prepare sweet potatoes.

NUTRITIONAL INFORMATION:

None Available